

Juices and Smoothies

果汁及奶昔

JUICES

orange / grapefruit / apple / carrot / tomato

果汁

橙子 / 西柚 / 苹果 / 胡萝卜 / 番茄

ENERGY BOOSTER SMOOTHIE

pineapple, banana, carrot, ginger, lemon, almond milk, turmeric

能量奶昔

菠萝, 香蕉, 胡萝卜, 生姜, 柠檬, 杏仁奶, 姜黄

EVER GREEN SMOOTHIE

apple, spinach, lemon, cucumber, celery, mint

绿色奶昔

苹果, 菠菜, 柠檬, 黄瓜, 芹菜, 薄荷

Yogurt and Cereals

酸奶及麦片

ORGANIC PLAIN YOGURT

有机原味酸奶

NON FAT PLAIN YOGURT

无脂原味酸奶

OATMEAL

燕麦片

banana or berry

香蕉 或 浆果

BIRCHER MUESLI

with almond and apple

瑞士冷麦片

杏仁, 苹果

GRANOLA TART

coconut yogurt, fresh berries, coconut flake

椰子味酸奶, 新鲜莓果, 椰子薄片

HOMEMADE GRANOLA

organic yogurt, seasonal berries

自制谷物酸奶

有机酸奶, 浆果

CORNFLAKES OR ALL-BRAN

whole / low fat / non-fat / soymilk
seasonal berries / banana

玉米片 或 全麦片

全脂奶 / 低脂奶 / 脱脂奶 / 豆奶

当季浆果 / 香蕉

From the Bakery

面包选项

BAKERY BASKET

croissant, pain au chocolat, danish pastries

烘焙面包篮

原味羊角包, 巧克力羊角包, 丹麦酥, 黄油面包

WHITE, WHOLE WHEAT, MULTIGRAIN TOAST

白吐司 / 全麦吐司 / 杂粮吐司

GLUTEN-FREE BREAD

无麸质面包

The Peninsula Favorites

半岛精选

SIGNATURE FRENCH TOAST

berries, double cream, maple syrup

招牌法式吐司

浆果, 鲜奶油, 枫糖浆

AVOCADO TOAST

multigrain focaccia, tomato salsa, egg relish, cottage cheese

牛油果吐司

杂粮佛卡夏面包, 番茄酱, 鸡蛋沙拉, 新鲜芝士

GARDEN SALAD

lemon dressing

田园沙拉

柠檬汁

SOUFFLE PANCAKE

double cream, maple syrup

舒芙蕾薄饼

鲜奶油, 枫糖浆

BERRIES

浆果

Or 或

MATCHA

抹茶味



Eggs

鸡蛋料理

TWO FARM EGGS ANY STYLE

fried / scrambled / poached / boiled / omelet
choice of bacon / ham / pork or chicken sausage

鸡蛋两枚

煎蛋 / 炒蛋 / 水波蛋 / 水煮蛋 / 蛋卷

搭配 培根 / 火腿 / 猪肉香肠 / 鸡肉香肠

THE PENINSULA EGGS BENEDICT

english muffin, thick atsugi bacon, spinach

半岛班尼迪克蛋

英式麦芬, 厚切培根, 菠菜

OPEN-FACED EGG WHITE OMELET

marinated tomato with honey and cumin, fresh herbs,
feta cheese, rocket salad, lemon dressing

开放式蛋白煎蛋饼

蜂蜜孜然渍番茄, 新鲜香草, 菲达羊奶芝士, 芝麻菜,

柠檬酱汁

EGG OF THE DAY

Ask your server for today's special

今日特制鸡蛋料理

具体菜单内容, 请咨询服务人员

Fruits

水果

SLICED SEASONAL FRUITS

当季水果盘

 Contains nuts
含坚果

 Contains gluten
含麦麸

 Vegetarian
素食

The Lobby

Prices are inclusive of consumption tax and 18% service charge.
价格已包含消费税及18%服务费。